



COACHING WEEK: EXAMPLE STRUCTURE

Monday 29 June		Tuesday 30 June	Wednesday 31 June	Thursday 1 July	Friday 2 July
10am-11:15am	Training session 1: (Individual Technique)	Training session 3: (Passing Receiving & Possession)	Training session 5: (Defending & Pressing)	Training session 7: (Finishing & final 3 rd movement)	Training session 9: (Coaching in the game 1v1,2v1,2v2,3v2)
11:20am-11:40am	Break	Break	Break	Break	Break
11:45am-1pm	Training session 2: (Individual Technique)	Training session 4: (Passing Receiving & Possession)	Training session 6: (Defending & Pressing)	Training session 8: (Finishing & final 3 rd movement)	Training session 10: (4v4/7v7/8v8 games)

PRESENTATION OPTIONS

Break & Presentation (About Celtic FC)	Break & Presentation (Celtic Academy)	Break & Presentation (Being a positive player)	Break & Presentation (Diet and nutrition)	Player Talk (Foreign Country)
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